



Confirmation through CONVERSATION

MODULE FOUR | The Fruits of the Holy Spirit

In This Module...

Welcome to Module 4! It's encouraged to complete this module or portions of it to better prepare for your first online dialogue with your partner school!

By now we have journeyed together through the first three modules of the program. We have gotten to know our partner school, explored the Sacrament of Confirmation, and the Seven Gifts of the Holy Spirit.

In this module, we will learn about the Fruits of the Holy Spirit as we prepare for the Sacrament of Confirmation!



Use this hashtag throughout your journey using twitter and/or Instagram!
#confirmthruconvo



From the Pulpit!

Read the following scripture passage individually, or as a group and discuss what the message is as students prepare for the Graces of the Holy Spirit in the Sacrament of Confirmation.

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

Galatians 5:22-23

Pope Francis Says:



"The fruits of this profound union with Jesus are marvelous: our whole being is transformed by the grace of the Holy Spirit: soul, intelligence, will, affections and even the body, because we are united in body and spirit."



Watch This:

Watch these videos which discuss the Fruits of the Spirit! Both videos illustrate the importance of love, gentleness, faithfulness, self-control, patience joy, goodness, kindness and peace as first stated by Paul in the book of Galatians. These videos are an excellent way to begin the conversation with your partner school!

<https://goo.gl/ATGuDH>

<https://goo.gl/y9PVvK>

Appy to Hear It!



These two FREE applications for any Smart device may help the spiritual journey of both the teacher and students. Catholics Come Home is an excellent resource for intermediate students in particular, offering a large amount of information, and activities. iCatholic Radio is a great way to familiarize yourself with music, facts, and being a Catholic in today's world.



For Your Information

FYI

When we consider the gifts and graces of the Holy Spirit, we grow as followers of Jesus. We see the effect of the Holy Spirit's presence in our lives in special qualities and attitudes that we develop as we grow in faith. The Church identifies these qualities and attitudes as the Fruits of the Holy Spirit. The Fruits of the Holy Spirit are signs that the Holy Spirit is alive within us and helping us live the Catholic faith in our daily lives.

1832 - The Fruits of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The tradition of the Church lists twelve of them: "charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity. (Catechism of the Catholic Church)

LOVE:

We exhibit the virtue of charity, or love, by our unselfish devotion and care for God and our neighbour..

JOY:

We live with joy when we recognize that true happiness comes, not from money or possessions, but from knowing and following Christ.

PEACE:

We are from worrying about "trivial" things because of the inner peace we experience with God in our hearts. We work and pray for peace throughout the world.

PATIENCE:

We demonstrate patience by treating others with thoughtfulness and acceptance.

KINDNESS:

We live in the virtue of kindness by treating others as want to be treated.

GOODNESS:

We exhibit goodness when we honour God by avoiding sin and always trying to do what we know is right.

FAITHFULNESS:

We are faithful when we live out our commitment to the teachings of Jesus, the Scriptures, and the Catholic Church.

GENTLENESS:

Gentle people act calmly and avoid actions that might lead others to anger or resentment..

SELF-CONTROL:

We exercise self-control by working to overcome the temptations we face and by trying always to do God's will.

The gifts bear fruit. St Paul speaks of the fruits of the Spirit in Galatians 5:22-23. The Fruits of the Spirit are evident in how we act in our lives.

By contrast, the Fruits of the Spirit are love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. (Galatians 5:22-2).

We receive these gifts when we are in a state of grace, the life of God lies within us.

Through Confirmation we are asking the spirit to bring these gifts to life in each one of us. The call of the Holy Spirit in Confirmation calls us to enter fully into the life of the faith community.



That's a Fact!

But the Fruits of the Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. Each of these is a characteristic of the Holy Spirit's presence in our daily lives.

The following questions and activities are designed to allow both groups to experience a rich dialogue;

Introduce yourself: students provide your full name. Always end with "thank you" allowing the partner school to know you've finished speaking. To better engage in discussion, it is encouraged to refer to questions numerically with your partner school.

Discussion Questions

- 1.0 What are the Fruits of the Holy Spirit?
- 1.1 Which Fruit do you identify most with?
- 1.2 Is there a Fruit of the Spirit you feel you can improve?
- 1.3 Look back at 'From the Pulpit' and reflect on the passage. What do you think it means?
- 1.4 The videos in 'Watch This' describe the Fruits of the Holy Spirit. What are your thoughts?
- 1.5 How do the Gifts of the Holy Spirit, and Fruits of the Holy Spirit share similarities?
- 1.6 Can you provide an example of a time when you witnessed someone demonstrate one of the Fruits?
- 1.7 What do you think Pope Francis means by 'We are united in body and spirit'?
- 1.8 What Fruits will you live today?
- 1.9 A fun question, what's your favourite fruits to eat?

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.



O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; For it is in giving that we receive; it is in pardoning that we are pardoned; it is in dying that we are born again to eternal life.
Amen

Think Outside the Box

Complete the chart on p. 4 and find out which Fruit of the Spirit you identify most with, and which need a little more ripening!



How Can I Use the Fruits of the Holy Spirit in My Life?

Based on the definitions on the previous page on the Fruits of the Holy Spirit, please fill in the following chart and explain how you can use each of the fruits in your own life right now?

FRUITS	HOW CAN I USE THIS FRUIT?
LOVE	
JOY	
PEACE	
PATIENCE	
KINDNESS	
GOODNESS	
FAITHFULNESS	
SELF-CONTROL	